

**AMENDMENTS TO THE CLAIMS WITH MARKINGS TO SHOW CHANGES
MADE, AND LISTING OF ALL CLAIMS WITH PROPER IDENTIFIERS**

Claims 1-10 (Canceled)

11. (New) A method for loading and unloading a long-distance transportation means and for temporarily storing a standardized cargo, e.g. container, interchangeable body structure for a highway truck, in an intermediate storage facility, comprising the steps of:
- a) identifying a cargo of a first long-distance transportation means;
 - b) lifting the cargo by a first rail-guided hoist with gripper from the first long-distance transportation means;
 - c) transferring the cargo to a transfer zone;
 - d) lowering and depositing the cargo in the transfer zone;
 - e) lifting and automatically transferring the cargo from the transfer zone by a shiftable and/or telescopic arm of a second rail-guided hoist to a predetermined location in an intermediate storage facility for storage;
 - f) lowering and depositing the cargo in the intermediate storage facility;
 - g) automatically moving the second hoist to a predetermined location of the intermediate storage facility;
 - h) lifting and automatically withdrawing the cargo by the shiftable and/or telescopic arm of the second hoist from the predetermined location in the

intermediate storage facility and automatically transferring the cargo to a predetermined location in the transfer zone;

- i) lowering and depositing the cargo in the transfer zone; and
- j) lifting the cargo by the first hoist from the predetermined location in the transfer zone for placement onto a rail-guided second long-distance transportation means.

12. (New) The method of claim 11, wherein the identifying step is executed automatically.

13. (New) The method of claim 11, wherein the intermediate storage facility is single-level.

14. (New) The method of claim 11, wherein the intermediate storage facility is multilevel.

15. (New) The method of claim 14, wherein the intermediate storage facility is a high-rise rack.

16. (New) The method of claim 11, wherein the first and second hoists have an identical gripper assembly.

17. (New) The method of claim 11, wherein the step d) includes a horizontal movement of the cargo by the second hoist.
18. (New) The method of claim 17, wherein the step d) includes a vertical movement of the cargo by the second hoist by means of the shiftable and/or telescopic arm of the second hoist.
19. (New) The method of claim 11, wherein the cargo is pivoted about at least one approximately vertical axis when received by the first hoist and/or the second hoist.
20. (New) The method of claim 11, wherein the cargo pivoted about at least one approximately horizontal axis when received by the first hoist and/or the second hoist.
21. (New) The method of claim 11, wherein the step c) includes a movement of the cargo directly from the first transportation means via rails of the second transportation means to the transfer zone.
22. (New) The method of claim 11, wherein the step d) includes moving the second hoist substantially along the intermediate storage facility and the second transportation means.

23. (New) The method of claim 11, wherein the step d) includes moving the second hoist in parallel relationship to the intermediate storage facility and the second transportation means.
24. (New) The method of claim 11, wherein the step e) includes a pre-positioning of the cargo in the transfer zone in accordance with a desired disposition upon the second transportation means.
25. (New) The method of claim 11, wherein the cargo on the second hoist is moved with its center of gravity above a single rail mounted to the ground.
26. (New) The method of claim 11, wherein the cargo on the second hoist is moved with its center of gravity above several ground rails in midsection thereof.
27. (New) The method of claim 11, wherein a movement of the cargo by the second hoist and a movement of the second hoist itself are inhibited, when the first hoist is in neighboring disposition of the second hoist.
28. (New) The method of claim 11, and further comprising the step of controlling a movement of the second hoist by position transmitters in front of and/or in the intermediate storage facility.

29. (New) The method of claim 11, and further comprising the step of controlling a movement of at least one of the first and second hoists by position transmitters.
30. (New) The method of claim 11, and further comprising the step of implementing a lifting operation automatically.
31. (New) The method of claim 11, and further comprising the step of implementing a lowering operation automatically.